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PowerBook 145B &150: Backup and Restore Instructions (1/96)

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TOPIC -----------------------------------------------------------

Does Apple provide any software for backing up the hard drive of the Macintosh
PowerBook 145B or PowerBook 150?

DISCUSSION ------------------------------------------------------


There is a program on the hard disk of both of these computers. On the PowerBook
145b it is called PowerBook 145B Backup. The PowerBook 150 also contains a
similar Backup program. The instructions for use are almost identical for both
applications on both computers.

This program will back up all the files on your hard drive to be used if some or
all of your data become damaged. It is important to perform the backup on a
regular basis to insure you against the unlikely event of any data loss.  Be
sure to have a supply of high density diskettes to back up onto.


Backup Process
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Step 1
Launch the PowerBook Backup program by double-clicking its icon. The program is
located on the hard disk.

Step 2
Click the Continue button.

A message appears, telling you how many high-density diskettes you need to make
the backup and approximately how long it will take. Make sure you have enough
time and disks to complete the backup. If you stop the process before it's
finished, you'll have to start over again from the beginning.

Step 3
Click the appropriate button. The first time through, select Copy System Folder.
The second time through, select Copy All Files.

Step 4
Insert a high-density floppy disk into the disk drive.
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Step 5
Follow the instructions on the screen until a message tells you that you're
finished. As you remove each disk from the computer, label each disk in an
ascending order so they can be inserted in the proper order for the restore
operation.

Step 6
Repeat steps 1-5 and select Copy All Files to make a backup of all files on your
hard disk.

When you're finished, be sure the floppy disks are properly labeled and locked,
then store them in a safe, cool place.

Restore Process
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Step 1
Get the floppy disk labeled Disk Tools (or Utilities disk if you are using the
PowerBook 150) that came with your computer and the floppy disks that you used
to backup up your hard disk.

Step 2
Make sure your PowerBook is powered off.

Step 3
Insert the Disk Tools diskette (or Utilities disk) into the PowerBook and turn
on your computer.

Step 4
After the comptuer starts up, locate the PowerBook Restore icon on the Disk
tools disk (or Utilities disk).

Step 5
Launch the PowerBook Restore application.

Step 6
Read the information on the screen and click the Continue button.

Step 7
Insert the first backup disk. The restoration proceeds automatically from
there.

Step 8
Respond to any messages you see on the screen. If PowerBook Restore finds an
item on your hard disk that is newer than an item with the same name on the
floppy disk, you are asked whether you want the older version of the item to
replace the newer version. Select the choice you want.

Step 9
Repeat steps 7 and 8 for the next disk in your stack of backup disks. Make sure
you insert disks in the correct order.

Step 10
The PowerBook Restore program lets you know when you are finished. Store your backup disks in a safe, cool place.

Step 11
Restart your PowerBook and make sure that everything is back on your hard drive.

Article Change History:
08 Jan 1996 - Added information about PowerBook 150 Utilities disk.
10 May 1995 - Clarified several steps and changed title.

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